The Tribal Training and Technical Assistance (TTA) Center is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). The Tribal TTA Center uses a culturally relevant, holistic approach to deliver TTA on mental and substance use disorders, suicide prevention, and mental health promotion. TTA is offered to a broad audience of all tribal communities, a focused audience of SAMHSA tribal grantees, and an intensive audience of selected AI/AN tribes per year.

### **Our Vision**

American Indian and Alaska Native (AI/AN) communities have the cultural knowledge, skills, and resilience to create hope and healing. Their cultural beliefs and practices provide a foundation for promoting lasting wellness, solving problems, and taking action.

### Our Goal

The goal of our TTA is to decrease the impact of risk factors and increase protective factors that are linked to the healthy and safe development of AI/AN children and their families



## **Menu of Services**

The Tribal TTA Center offers several services to support Tribal communities, including but not limited to:

### Curriculum

- Gathering of Native Americans (GONA)
- Gathering of Alaska Natives (GOAN)
- GONA/GOAN Training of Facilitators
- Mental Health First Aid
- Applied Suicide Intervention Skills Training (ASIST)
- Substance Misuse Prevention Training

### **Capacity Building**

- Community Readiness Assessment
- Strategic Action Planning
- Needs Assessment
- Asset Mapping
- Social Marketing
- Community-Based Participatory Research

### **Training Topics**

- Cultural Competency
- Motivational Interviewing
- Historical Trauma
- Digital Storytelling
- Trauma Informed Principles
- Opioid Misuse Prevention and Crisis Response

## How We Deliver TTA

The Tribal TTA Center helps Native communities build local capacity and skills and supports them in advancing their prevention efforts.



# SAMHSA Tribal Training and Technical Assistance Center



- National and regional trainings
- Gathering of Native Americans/Gathering of Alaska Natives
- Learning communities
- Assistance with TAPs
- Onsite and virtual technical assistance
- Production and dissemination of resources
- Intensive community engagement

TTA is customized and tailored to meet the need and readiness level of the community we work with. The Tribal TTA Center offers several types of TTA:

### **Broad**

 Broad TTA serves all AI/AN tribes, communities, and organizations.

### **Focused**

 Focused TTA is offered for SAMHSA tribal grantees.

#### Intensive

 Intensive TTA is provided for AI/AN communities with high levels of need that have been identified through a selection process.

# Tribal Action Plan (TAP) Development

 TAP Development is a strategic plan for guiding change among tribal members to address alcohol and substance misuse.

# **TTA Objectives**

- Provide TTA to federally recognized tribes, other
- AI/AN communities, SAMHSA tribal grantees, and organizations serving Indian Country.
- Work collaboratively with governmental and nongovernmental entities to leverage resources and address a variety of issues affecting tribal communities, families, and youth.
- Work with SAMHSA tribal grantees and other TTA contracts that serve tribal grantees and tribal members.
- Assist tribal communities in mobilizing, planning, and implementing community based and culturally tailored evidence-based prevention and intervention strategies.
- Increase protective factors linked to the healthy and safe development of AI/AN children, families, and communities.

# How to Request TTA

Tribal communities and SAMHSA tribal grantees can contact the Tribal TTA Center to submit TTA inquiries via:

**Tribal TTA Center Webpage** 

www.samhsa.gov/tribal-ttac

**SAMHSA Tribal Training and Technical** 

**Assistance Center** 

Phone: 1-800-953-1379

189 E. Nelson Avenue #249

Wasilla, AK 99654

Email: <u>TA-Request@tribaltechllc.com</u> Following your request, you will be

contacted by Tribal TTA Center staff.